

# 5 Essential Tips for Personal Leadership

**01**

**BE OPEN AND  
AVAILABLE**

You and those around you will benefit from being able to contact you to raise any issue that is of concern to them.

Change is inevitable, with leaders either driving, supporting the change, or both. Change benefits when it is evidenced-based and implements what works.

**02**

**EMBRACE  
CHANGE**

**03**

**ENCOURAGE  
WORKER  
PARTICIPATION**

Workers who are encouraged to get involved are more likely to increase their well-being.

What is happening in my organisation, and why is it happening?

**04**

**ALWAYS  
QUESTION.**

**05**

**SPEAK TO  
YOUR  
COLLEAGUES**

This is everyone who works in your business. Know who they are, their names, what they do, their challenges, and how you can support them at work.